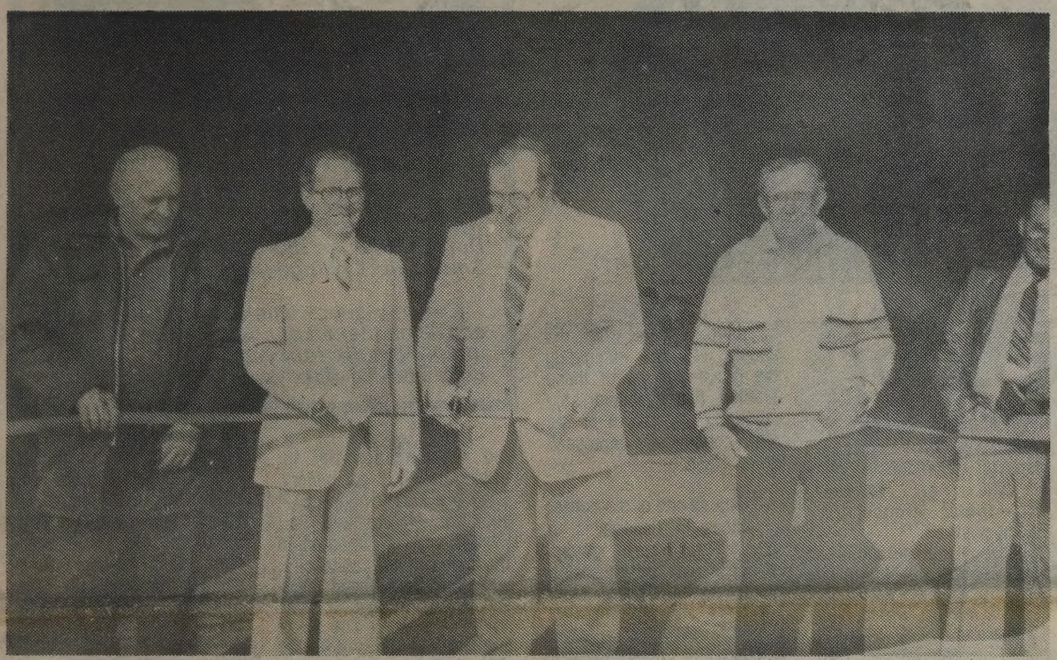
ELK POINT'S
LAKELAND
REVIEW
25¢
Wednesday, March 14, 1984 Vol. 1 Nº. 25
ADDRESS
Serving Elk Point and District

Official opening for new town shop



Councillor Steve Stepaniuk, Contactor Mr. Tangevin, Councillor Morris Copper, Mayor Ed Buck, Councillor Fred Kryvenchuk, as they officially cut the ribbon to open the new Town Shop.

Approximately 35 people were in attendance on Friday, March 9, for the official opening of the new Town Shop in Elk Point. Chairman of the Public Works Committee Fred Kryvenchuk delivered the opening speech welcoming everybody and went on to say that two years of work went into this project, and that the timing of this project falls directly in align to the expected growth of the area.

Mayor Ed Buck expressed his thanks to the Public Works Committee, which now consists of Fred Kryvenchuk, Morris Cooper, and Steve Stepaniuk, and then went on to clarify the financing of the Town Shop, which cost in excess of $130,000.00. Mayor Ed Buck then went on to thank the building contractor Mr. Tangevin who was present for the opening. Everyone who attended enjoyed coffee and doughnuts supplied by the Town.

Town Foreman Larry Lecopoy and Councillor Morris Cooper in front of the new 60' x 100' Town Shop.

Mites tournament in Elk Point

The Elk Point Mites hosted the hockey tournament on the 3rd and 4th of March which saw eight teams participate.

Winners of the A side championship were Grand Centre who defeated Bonnyville with a score of 10 to 3.

Winners of the B side championship were Mannville, who defeated the St. Paul R.C.M.P. Mites with a score of 9 to 1.

The Elk Point Mites were victorious in their first game against the St. Paul R.C.M.P. Mites on Friday, with a score of 4 to 1, and were then defeated in their second game which put them out of the tournament, with a loss of 7 to 2 against Bonnyville.

Other teams that participated in the tournament were Lloydminster, Vermilion and the St. Paul Auto Wreckage Mites.

Happy St. Patrick's Day!!!

Grand Centre Mites were A side winners.

The Mannville Mites won the B Side

Letter to the Public

As you are probably already aware, the Lakeland Review is undergoing a change of ownership. This is the final issue I will publish; next week it will be published under the direction of the St. Paul Journal.

I would like to say that, although a short time, it has been a pleasure being associated with Elk Point. We met one objective of establishing a local Elk Point newspaper, one I hope that will serve Elk Point for many years. I have been assured that the paper will continue as yours.

Saying good-bye has never been one of my strong points. I'd like to thank everyone for their support and assistance especially Rodger McLaughlin at the Co-op for his constant encouragement and appreciation of our work; Bill Hayman of Bumper to Bumper for his assistance; Lloyd and Carol Metz at Chimo's for believing; and Bill Currie Elk Point postmaster for being so good natured. Thanks also to Irene Magnusson, Sgt. Jim Fell, Kitchen Korner Kates and F.G. Miller School for their contributions.

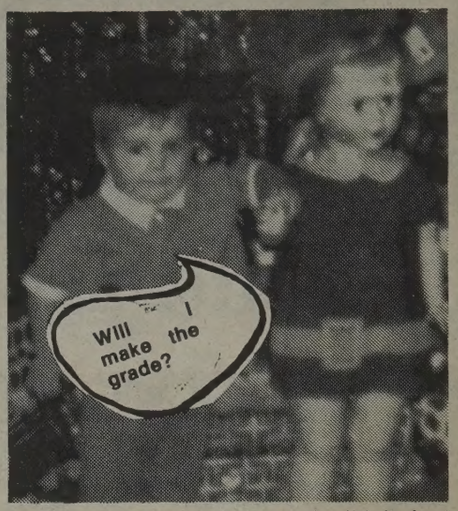
Last, but certainly not least, I want to express my sincere gratitude to Fija Schwab without whom there would be no paper. Her initiative, good humor and ability to meet challenge after challenge head on has made the paper what it is today. I am pleased to say that Fija will be continuing at the paper with the new management in the role of editor.

So, thank you to everyone I may have forgotten and thank you to everyone for an experience I won't soon forget.

Sincerely

Kathie Howard

Guess Who!



The guess who last week didn't fool anyone except Vikki Brooker who thought the photo was of Irene Magnusson. Our winner, Irene Bunter, correctly identified Ron Barwick as did Jerry Bugera, Marion Smith, Dan Collinge and Don Lindquist.

Can you guess who the little sweetie is above (on the left of course)? She has lived in Elk Point for four years and the surrounding area, for eight years.

Letters to the Editor

Dear Editor:

Recently Mr. Les Hert from the Department of Historical Culture was a guest speaker at the Chamber of Commerce annual meeting in Elk Point, Alberta. According to the report of this meeting in the February 22, 1984 copy of the Lakeland Review, he presented three optional plans for the reconstruction of the Fort George, Buckingham House fur trading posts.

Following are the plans as quoted from the Lakeland Review. "Plan A - at a cost of $16 million, would take 12 years to complete, and is hoped to generate 77,000 visitors per year. Option Plan B and C would cost approximately $7 million apiece to complete, with option B generating 56,000 visitations per year and option C generating 32,000 per year." "The Historical Culture Society will decide which plant is most feasible, and present it to the Minister in order to gain funds. In order for these funds to be received, this proposed reconstruction needs the support of the Town and the Community. Mr. Ernie Isley added that this is the time to press for the reconstruction of the site, and encourages people to lobby now."

I also feel something should be done. I think that the people who are instigating the reconstruction of these Trading Posts should stop dreaming and return to the real economically depressed era of 1984.

Alberta as one of the richest provinces in Canada is in debt. The Alberta government is reacting by raising our taxes, cutting or holding the line on funding for primary, secondary, Trade Schools and University, also municipal grants, hospitals, doctors and various other important services.

Am I to believe that while the Government is taking all these cost saving measures, that they have $7 to $16 million dollars to rebuild a trading post that only operated for 12 years and at which nothing significant happened? If so our Alberta government, who we elected to manage our province is grossly irresponsible. I feel that as tax payers we should be able to expect projects like this to at least be viable.

In Alberta we have to my knowledge at least two forts that have been reconstructed to represent the fur trading period of our history. They are Fort Whoop Up in southern Alberta and Fort Edmonton. Fort Edmonton, in the middle of our capital city, with the Yellowhead highway going through it does not pay its way. The Forts are within a days drive of almost anywhere in Alberta and are sufficient representation of this era.

I personally am not very proud of the fur traders who robbed our Indians and caused severe depletion of our fur bearing wildlife.

I sincerely hope this foolish project is not only stillborn but cremated.

Mrs. Mary Nelson

Dear Editor:

It is with mixed feelings that I read the article, "Fish, Game Sales Lead to 78 Charges". I think what I mostly feel is hatred and disappointment. Hatred for the wildlife officials who came into our Metis settlement pretending they were starving for fish and deer meat. Disappointment at wildlife minister, Don Sparrow, and the so called Crime Prevention System.

The wildlife officials came into our settlement, not to prevent any wrong doings by our settlers but to provoke crime, if you will. I wonder how they feel knowing they have charged financially insecure Indians and Metis people; knowing also that they provoked these people into committing these offences. Did they brag to their wives and kids further wrong doings? They call it "organized illegal trafficing". I know for a fact that the people charged in our community are not organized illegal trafficers. They hardly have enough fish and meat to feed their own families.

When someone comes into our settlement and insists on buying some fish or meat, they will sell. Not as an organized ring, but for a little money. Money to buy the things they need to keep living. Things such as shells for their guns and brass wire to catch the rabbits. But mostly, these people sell from the kindness of their hearts.

Any court or judge that would pass sentence on these people, after they have been provoked to commit these "offences", is just as low down as our Crime Prevention System.

Lloyd Gladue
Fishing Lake
Metis Settlement

LAKELAND Review
4914 - 50 Street, Elk Point

Deadlines:
All display advertising must be submitted to the Advertising Manager by **Friday, 12:00 NOON,** prior to publication date. Color deadline must be submitted 7 days in advance of publication date.

All classified advertising must be submitted by **Friday, 4:00 p.m.,** prior to publication date.

Display Advertising:
23¢ per agate line(2.50 per column inch - local rate) for any portion of a page.
Special rate for full page $190. (81 col. inches)
Repeat ads for over 6 months, 10% DISCOUNT.
Prepayment of advertising accounts, 10% discount

Advertising is accepted with the condition that, in the event of a typographical error, the portion of the space by the erroneous item will not be charged. The balance remaining of the ad will still be paid at the current rate. NOTE: Goods or Services should not be sold at the wrong price. Advertising is merely an offer to be sold, and may be withdrawn at any time.

Classified Advertising:
$2.00 - 1st week; $1.75 every week after; for up to 25 words; 6¢ per word over 25; 3-4 words per line.
Announcements, Memoriams, Thank You Cards; $2.25 per week for up to 40 words; 5¢ per word over 40
Repeat ads for over 6 months, 10% discount
Prepayment of advertising accounts, 10% discount
Special positions are not sold.

Subscription rates:

Within 40-mile radius:	$ 8.00
Per year in Canada	$10.00
U.S.A. and Overseas:	$14.00
Single copy :	25¢

LAKELAND Review
Serving Elk Point and District
Phone 724-4302

Published *every Wednesday at 4914 - 50 Street Elk Point, Alberta*

Publisher and Editor: *Kathie Howard*

Office Manager: *Fija Schwab*

Kitchen Corner Kates

The Kates wish everyone a happy St. Patrick's Day and invite you to join us for coffee and cake on Friday March 16 at the T.D. Bank in honour of the Irish. Please note the following recipes are to be served with Green Beer only.

Irish Stew

1 to 1½ pounds lean lamb
1 tsp. salt
1/8 tsp. pepper
12 small new potatoes, scraped
12 new small onions
6 small new carrots, scraped
½ C new green peas
1 sprig mint
1 Tbsp. chopped parsley

Cut meat into cubes, add seasoning and water to cover. Simmer until the meat is almost tender, about 1 hour. Skim off any fat, add the vegetables except parsley and more liquid if necessary, simmer again until the potatoes are tender, about 20 minutes, remove the mint. Thicken with flour and water

stock. This stew should be rather thin. Sprinkle with parsley.

Potato Cakes

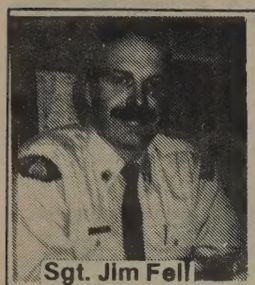
2 C mashed potato
2 Tbsp. cream
1 egg
1 Tbsp. grated onion
¼ C flour
1 tsp. baking powder
2 tsp. salt
4 Tbsp. melted butter

Combine potatoes with beaten egg and cream, add onion. Mix and sift dry ingredients, add to potato mixture. Add melted butter and knead lightly. The mixture should be soft enough to roll. Add milk or flour if necessary as the water content of potatoes varies. Roll ½ inch thick on lightly floured surface, cut into rounds with cookie cutter, bake on hot griddle for 5 minutes on each side.

Irish Coffee

Warm wine glasses, add coffee, 1 tsp. sugar per glass, 1 to 1½ ounce Irish whiskey. Top with whipped cream.

The Kates



Sgt. Jim Fell

From 'The Sergent's Desk''

We received a complaint the other day from a person who found their pet cat at their door suffering from two apparent gun shot wounds. Upon having the animal examined by a Veterinarian, they recovered a pellet from a pellet gun. Someone had malliciously shot the cat for what reason I do not know.

The Criminal Code of Canada in Section 401 (a) says, "Everyone who wilfully and without lawful excuse kills, maims, wounds, poisons or injures, dogs, birds or animals that are not cattle and are kept for a lawful purpose is guilty of an offence punishable on Summary Conviction." Summary conviction is a fine of not more than $500.00 dollars or to imprisonment for six months or to both. Obviously, the Canadian Government considers this type of offence rather serious.

The law has been broken in this case and we are presently investigating the incident but consider the young person who owns the cat. Consider the horror of seeing your pet covered in blood and suffering tremendous pain.

I have heard people comment on the nuisance of small animals, domestic and wild, raiding the garbage cans, etc. and I expect this may have been a motive but surely there is a better way to deal with the problem than to shoot a child's pet.

Expansion

Alberta Energy Canada Ltd. announced recently that an application has been made to the Energy Resources Conservation Board for the construction of an (DLRS) 81 million initial expansion to its pipeline system serving the Cold Lake area.

The 610 millimetre (24 inch) line will be built from the Cold Lake area of Northeastern Alberta to Edmonton and will have the capacity to service existing, and potential, producers of heavy oil in that area. ESSO Resources Canada Limited will utilize this system for its recently announced expanded operations in this area.

This 232 kilometre (145 mile) line will have an initial capacity of 16,500 cubic metres (103,000 barrels) per day and will be located in the existing right-of-way. If required, the pipeline could ultimately transport 47,700 cubic metres (300,000 barrels) per day.

Completion is scheduled for April, 1985.

The existing 324 millimetre (12 inch) line will be used to transport diluent to the region where it will be blended with heavy oil for transporting to Edmonton.

SMART MONEY MANAGERS CONSULT A WEEKLY MARKET GUIDE

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Achou - Bless you!

by Flja Schwab

Once again, I have to get out the cough drops along with the vapor rub, for the umpteenth time this winter. I have once more come down with a cold. I used to boast, and rather proudly, that I never ever get sick. Well, so much for that. Nothing quite like making a liar out of oneself.

Of course, it's definitely not my fault that I catch colds, one right after another. I mean, I eat well balanced meals of coffee, tea, popcorn, pickles and chips, more coffee, and more tea. I get plenty of exercise. I always walk from the house to my car, at least twice a day, and then I have to walk from my car into the office. I also get plenty of rest. I usually manage to sleep six hours each night, sometimes I sleep in an extra half hour. Naturally I dress proper for going outdoors. I wear the least possible outer clothes so I won't build up a sweat and catch a chill. I even go as far as to wear shoes instead of boots, so that my feet won't sweat.

So tell, me with all these precautions I take, how do I manage to catch a cold? Well, I have a few ideas of my own as to what the cause is. I figure it's the weather's fault. One day nice, one day cold had my inner thermometer all screwed up. My poor body doesn't know how much heat to produce, so on the nice days, it produces too much warmth, and on the cold days it produces too little. This leaves me wide open, number one victim of the nasty little germs that multiply by the two fold and set out to give me a sore throat, dull aching bones and a migraine headache, commonly referred to as a cold. I have one last question to ask, and that is "where's the Kleenex?"

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Report card day here again

On March 6th, all students of the F.G. Miller and Elementary Schools will be dismissed early, at 11:35 a.m. as all teachers from Heinsburg, and both schools of Elk Point will meet to attend a workshop on Gifted and Talented Students.

Constable Doug Huskins will be at the F.G. Miller Jr/Sr High School on Wednesday, March 7th to speak with members of the Students' Union Executive to discuss school and student liason with the R.C.M.P. and the community.

Report cards will be distributed to all students of the high school on Friday, March 9th. Parents, please take some time to go over these documents with your son or daughter and discuss areas of concern, as we are now nearing the end of another school year. It may still not be too late to salvage a course in which your student may be experiencing difficulty. This may also be a good time to show appreciation for a job well done if so is the case ... as Monday, March 12th, from 3:30 to 8:00 p.m., will be the time allotted for Parent-Teacher Interviews. Please plan to attend during these times, but if it is impossible to do so, fell free to phone the school at 724-3966 and arrange for an appointment at some other time.

During March 5th, 6th, and 7th, all Junior High and some of the Senior High students will be participating in a Rural Gas Safety Program at the High School. Busses will run as normal.

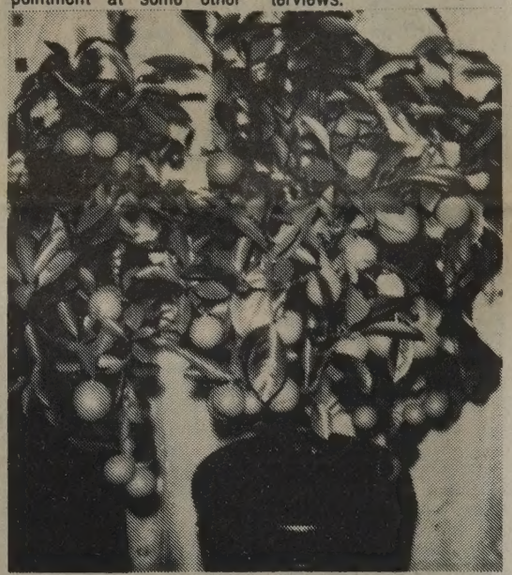
Please feel free to contact the school in response to this or any other information about the school or your children. See you at the interviews.

Oranges do grow in Elk Point

Mrs. Lena Stepa is the owner of a fruit bearing orange tree, which has taken 1st prize at the Agricultural Fair consecutively for the last four years.

Lena Stepa bought the orange tree from the Elk Point Co-op six years ago. Shortly after purchasing the tree, it started to bloom and produced minature oranges. Lena Stepa states that although the rind of the oranges is sweet, the pulp is very sour, so they are unedible, but the orange juice can be used as flavouring.

The orange tree itself, spends all summer outdoors and blooms about four times per year.

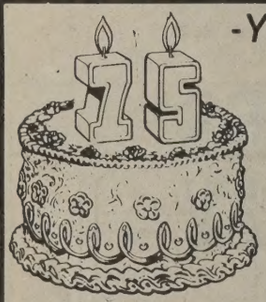


Prize winning orange tree belonging to Mrs. Lena Stepa.

Hidden Dummy

Everyone who phoned realized the CBM Confectionery wouldn't do much business selling doughnut holes. Correct answers were received from Mrs. Odegardner, Jerry Bugera, Walter Yaremkevich, Irene Magnusson, Murray Molineux, Theresa Grant (from Clandonald), and Marion Smith. The winner this week was Evelyn Lecopoy.

Once again, there's a hidden dummy ad. This one might stump you, so read carefully.



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Friday, March 16 for FREE coffee & doughnuts
Radio LW will broadcast from St. Paul Sales & Service
Saturday, March 17 for FREE coffee & hotdogs

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★ *Air-conditioned rooms*
★ *Cocktail lounge*
★ *Fully licensed dining room*
★ *Salad bar*
★ *Dancing in the tavern nightly*
March 12 - 17 Rick Sieben
March 19 - 24 Loose Change

Prime Rib Night
Every Wednesday at the Brunswick Motor Inn

Hospital receives accreditation

The Elk Point Municipal Hospital has been granted full accreditation status as of March 5, 1984.

Accreditation means that the Hospital meets or surpasses all National standards set by the Canadian Council on Hospital Accreditation. It involves a review of the entire operation of the Hospital which includes the Board, Medical Staff and all departments, and gives the community the assurance of good quality service.

The Hospital Accreditation Council surveyed our facility November 16 and 17, 1983. As a result of this survey, the Hospital was granted a two year accreditation. We are especially proud of this as only 10% of the facilities receive more than one year on the first certification. We attribute this success to the dedicated efforts of the Board, the Doctors, and all the Staff.

Debating Club gets a good start

Mrs. Pentek, a teacher at the F.G. Miller Jr/Sr High School has organized a debate club this year. So that students can participate in tournaments sponsored by the Alberta Debate and Speech Association, the school has become a member of this Association.

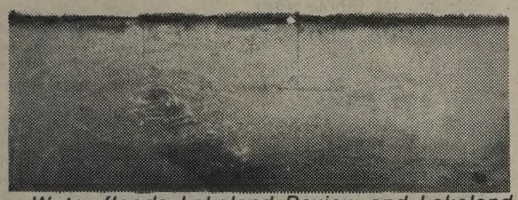
In order to minimize the cost to students participating in tournaments in Edmonton and surrounding areas, the debate club has tried to raise some money through hot dog sales one day a week at noon hour at the school.

Also, the debate club received a generous donation of $185.00 from the B.P.O. of Elks of Elk Point.

One team of three students (Annette Daniels, Heather Poitras, and Cathy Irvin) will be participating in the Regional Debate Tournament at Edwin Parr High School in Athabasca on March 3rd, 1984. The Resolution they have been researching is "Be it resolved that Provincial Advancement Exams be established at the Grade 9 level in Alberta." The students are looking forward to the tournament. It will be the first one they will have participated in.

We are hoping to send some senior high students to participate in the Alberta Debate and Speech Association model U.N. General Assembly in Edmonton at Ross Sheppard Composite High School on April 7th, 1984.

Office floods



Water floods Lakeland Review and Lakeland Printing offices.

With the weather so mild, the snow and ice melted at a fantastic rate causing torrents of water, which had no place to drain. Upon discovering that our building is below puddle level, the raging torrent of muddy water poured through our office door, flooding us completely. Thanks to the Town crew, who came and levelled the stockpiled snow and ice below curb level, the flooding problem was brought to a halt. After a considerable amount of mopping and vacuuming with a wet vac, the carpets are now dry enough to store away the rubber boots, and business is back as usual.

Perform a death-defying act.

Eat less saturated fat.

Give Heart Fund
ALBERTA HEART FOUNDATION

DON'S FIELD SERVICE LTD.

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Heavy Equipment Repairs & Welding
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Don Carlson Vermilion

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You are invited to give your input, needs and ideas.

FILM on Red Water Fertilizer Plant will be presented by Mr. Mike Jennings and a special guest speaker.

At a Family Nite **March 20, 1984, 7:00 p.m.** in the Elks Hall, Elk Point, Alberta.

★ An entertainment film for the family.
★ Door prizes for all members of the family.
★ Doughnuts and coffee.
★ Everybody welcome.

Sponsored by your ESSO Agent
Tony Bochon

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Sizes range from 1 to 6 acres.

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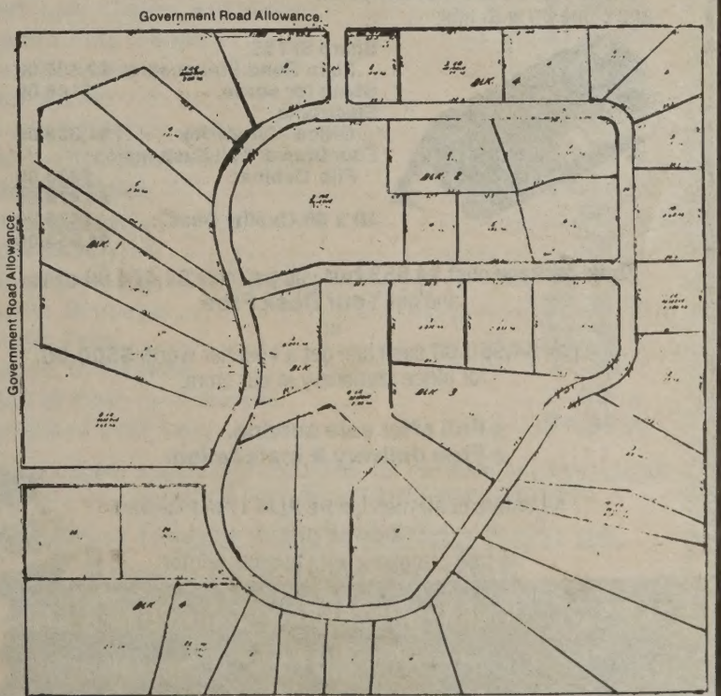

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Beef Draw

Winners of the Elk Point Minor Hockey Association Beef Draw as announced are Laurence Christensen of Fishing Lake who is the lucky recepient of half a beef, Bill Francis of Edson, winner of a hind quarter, and R. McNeill of Fort Saskatchewan who won a front quarter.

The Elk Point Minor Hockey Assocation wishes to thank the Empress Lounge, The Elk Point Co-op, Fort George Motel, Buck's Construction, The Lakeland Review, Elk Point Truss and the Elk Point Hotel for their donations towards the purchase of the beef, and would also like to thank all those who sold the tickets, those who generously bought the tickets which enables to make this fund raising project a success.

Rodger McLaughlin presents Todd Reinhart with a hockey stick for his achievment as top ticket salesman.

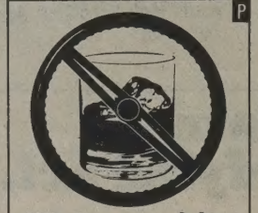
Todd Reinhart, was presented with a hockey stick for his accomplishment of selling forty-four books of tickets, which placed him as the top ticket seller.

MAC DUFF REALTY
853-2991

Opportunity

For an oilfield welding business or a hobby mechanic. This property in Derwent includes a shop 32' x 42' with a 12' x 10' track door. It is insulated and heated. Also includes a large well-kept three bedroom home and single car garage as well as three 50' x 120' lots. All this for only $50,000.00.

MacDuff Realty Ltd.
5008 - 50 Avenue Vermilion, Alberta
Lloyd Seath Res. 853-5873
Kevin MacDuff Res. 853-6350


What are you doing about it?
Insurance Bureau of Canada · Bureau d'assurance du Canada

INTRODUCING the Instant Office Package for new businesses
★ Fast efficient service with big savings ★

At Lane's, we sharpened our pencil and came up with this:

Sharp SF755 Plain Bond Photocopier.	$2,595.00
Stand for above.	$148.00
Electronic Office Typewriter.	$1,395.00
Four Drawer Full Suspension File Cabinet.	$336.00
	$4,474.00
30 x 60 Quality Desk.	$479.00
	$4,953.00

Total package cost $4,953 **but** you pay only $4,474.00 cash and get **Your Desk Free**
or
You pay $4,953.00 cash and get a voucher worth **$500.00** for office stationery in our store.

★ Full after sale service.
★ Free delivery & installation.

All orders confirmed before April 12th receive a **Bonus gift** of a free calculator with graphic printer.

LANE'S STATIONERY AND BUSINESS MACHINES LTD.
Vermilion 853-4273

ENERGY

David Foster

Oil from the tar sands

(NC) — Canada's tar sands deposits are often touted as our "trump card" for the future when oil again becomes a scarce commodity. The tar sands, located in Alberta, are portrayed as containing enormous amounts of oil. This enthusiastic view can lead us to assume that when needed, the tar sands can quickly be relied upon to supply our needs. Unfortunately, this is far from being a realistic picture.

The truth is that, in conventional terms, the tar sands don't contain oil at all. While the tar sands do have enormous potential, producing useful petroleum products from them is currently expensive, difficult and inefficient.

The tar sands are a mixture of inorganic sandlike material and a sticky, tarry substance, called bitumen. After the sand is mined and the bitumen separated, useful fuel may be produced from the bitumen by a two step process. First, the bitumen must be "upgraded" by reducing its high carbon content, something which makes it less useful and more difficult to handle than conventional oil. Such upgrading produces "synthetic" crude oil, which is similar to the conventional oil that is now the mainstay of the petroleum industry. The second step is the refining of synthetic crude into the various petroleum products we use every day. The refining process is the same as that used for conventional oil.

The major inefficiency with the upgrading process relates to reducing the carbon content from the tar sands bitumen to produce synthetic crude oil. This step is necessary to produce a lighter grade of oil that can be refined into various petroleum products. All oil products are composed of molecules made up of hydrogen and carbon. Lighter petroleum products, such as gaseous fuels, propane and butane have comparatively more hydrogen than heavier fuels, such as diesel oil and fuel oil. The heavy tar sands bitumen is much richer in carbon than the lighter grades of crude oil pumped from the oil fields of Western Canada.

When this excess carbon is removed, it reduces the yield of useful synthetic oil produced. This is somewhat like "fixing" a cake mix that is too dry by removing some of the flour in the batter. While it may make the batter more fluid, it ultimately gives you a smaller cake.

Researchers now see ways to overcome this inefficiency and are developing a process that would increase the yield of future tar sands plants.

The process is being developed by Petro-Canada at their Montreal refinery. It involves a large scale test of a new upgrading process called "hydrocracking". The hydrocracking process adds hydrogen to the bitumen rather than removing excess carbon. Using the cake mix analogy, this is like adding water to the mix rather than cutting back on the flour. The result is a bigger cake, or with bitumen upgrading, more synthetic oil; up to 15% more.

The future commercial use of this developing technology could effectively increase the size of the tar sands resource. As we come to rely more heavily on the tar sands and other less conventional sources of crude oil, efficiency and good resource management will become increasingly important.

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HOMEFIRES: How to keep them burning warm in cold times

(NC) — As Canadians across the country suffer the harsh temperatures of an unusually-cold winter, homeowners' concerns are turning to keeping the homefires burning — and the likely increase in the cost of that warmth.

In a new booklet, Esso Petroleum Canada tells how a few steps — many taken easily even now — can increase the energy efficiency of any home.

Watch the fireplace

For example, cold, snowy nights can become celebrations of winter with a blazing fire. But you should stop fireplaces from pulling heat from the rest of the house by closing the damper as soon as the fire is out, sealing around the wall joint, or even adding glass doors. A fresh-air vent would aid combustion and heat exchanges or inserts would force more heat out of fireplaces into your homes.

Sealing and weatherstripping windows and doors can save as much as 10 per cent of your winter heating bill; insulation can reduce fuel consumption by 20 per cent.

Servicing and upgrading your furnace can dramatically improve fuel efficiency.

Even such simple measures as adjusting dampers to direct heat flow, placing tinfoil behind radiators to reflect heat into a room, or increasing your home's humidity will keep your home more comfortable at lower costs.

Start by sealing. It is never too late in the season, and proper sealing and weatherstripping is the single-most-effective way to cut heat loss. According to Esso Petroleum Canada, heating bills can be cut by 10 per cent by sealing escape holes for warm air and nipping cold drafts in the bud.

Upstairs and down

Because the attic and basement are major sources of air leakage (15 per cent from the basement alone), caulk all wiring and plumbing holes and the area around electrical boxes. Weatherstrip and insulate the attic hatch, and seal the joint between the wall and the sill in the basement.

Wood or metal doors should have weatherstrips and threshold plates. Windows should be caulked with transparent sealant, especially under the mould-ing between the window and the wall.

Electrical outlets and switches will not leak air if foam gaskets are placed under the cover plate and outlet holes filled with safety plugs. Take off baseboards and seal between the wall and floor as deeply as possible.

After sealing, proper insulation can reduce fuel consumption by 20 per cent. Insulation sets up barriers to air movement inside walls, floors and ceilings, inhibiting loss of warm air.

Your priorities should be the attic, with six to 12 inches of insulation (such as Fiberglas); the basement, with four to six inches; then the walls with two to four inches.

When doing it yourself, be sure to examine the various types of insulation most suitable to the area you're insulating and insulate only to the level — called the R factor or rate of thermal resistance — recommended for your region. When hiring contractors, be sure to get three quotes.

Gov't grants available

Check with your provincial government for details about CHIP grants and other assistance programs. CHIP grants, for example, could cover as much as 60 per cent of the cost of materials or labor and materials up to $500.

If, after sealing and insulating, condensation forms on your windows, lower your humidifier setting. A fresh-air intake would solve any persistent humidity problem. Proper and sufficient humidity works to keep your home more comfortable even if the temperature is lower.

Once you've sealed and insulated, you can save three per cent of your fuel bill for each degree you lower your thermostat over an eight-to-12-hour period. For example, setting it at 20C instead of 22C during the day and 17C at night could save you 15 per cent of your fuel bill. That comes to $150 on the average $1,000 bill.

Be a penny-pincher

Even small energy-saving steps put pennies in your pocket. With hot water heating, a circulating pump will improve heat distribution while bleeding air from air valves will increase the flow of hot water. Drapes and rugs help insulate and stop drafts.

Simple maintenance and upgrading will keep a furnace running more efficiently and lasting longer. Dirty furnace filters can increase fuel used by as much as 25 per cent; clean or change them once a month.

Have your furnace serviced once a year. Even old furnaces can be upgraded by such simple changes as a smaller fuel nozzle to reduce fuel consumption by seven to 10 per cent. A retention head burner creates a better mix of fuel and air to produce more heat with less fuel, a possible 25 per cent savings.

For more information on steps to lower your fuel bills, contact your local Esso Home Comfort Centre and ask for your free brochure *Homefires: How to Keep Them Burning Warm in Cold Times.*

Bereavement

Chris Nelson of Elk Point, formerly of Lindberg, Alberta passed away February 2nd, 1984 at the age of 90 years. He was an original Wheat Pool contract signer and farmed for many years.

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Pork Sausages.	99¢ lb.
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Pioneer Circle Update

by Irene Magnusson

The Pioneer Circle Executive and Board of Directors met on Tuesday, February 21/84, in the hall. The meeting commenced at 2 p.m. with Chairman Clark presiding. Secretary Lien read the January minutes.

A motion to 'rescind' a passage from the minutes was carried, after a lengthy discussion. Minutes were then accepted.

The group's Financial Report was given by treasurer Sass. Once again income for the month slightly exceeded expenses, with bingo being the chief moneymaker. The Facility Grant moneys are in a separate account from general funds. Work is proceeding on construction of a wheelchair ramp to the south door.

Housekeeper Bess Jendruck reported all was going well in her department. Grace Lien reported sending out several cards to members who have been ill.

Correspondence received included a letter from Alberta Energy and Natural Resources, offering to hold a free workshop with demonstrations and speakers who would show how energy could be saved in the home. This to be a two hour workshop, and would touch on use of electricity, natural gas, water heating, etc., and would be open to all. The letter was 'tabled' until more information is received, the thought being that some other group might be putting on the workshop, in the area.

Other correspondence was a letter from the Ukrainian Dancers of Elk Point, requesting a donation for a cassette player. On the motion of McKenzie and Scrabe, a donation of $50 will be extended to the club.

It was noted a piano has been purchased for the hall, for the sum of $1200, and has arrived a couple of weeks ago. Now all that's needed is some players.

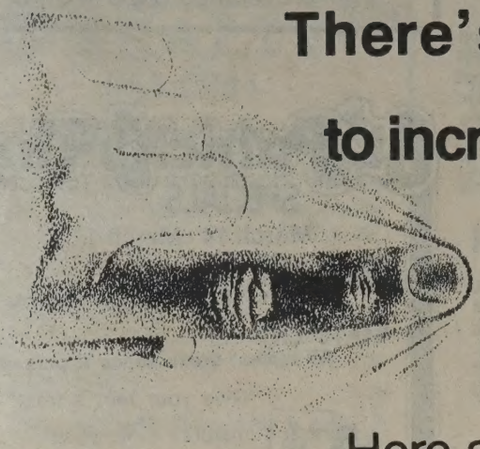
Edith Mitchell, Recreation committee chairman, displayed the large banner she and the other three members are creating. Gold letters on a royal blue ground spell out Elk Point Pioneer Circle below which is a pioneer scene. The banner may be carried between two persons walking, and will be used in parades, etc, and hang in the hall between times. Committee members Mitchell, Barwick, Borowsky and Holthe are donating their time and work, with the club paying for all materials.

Floor curling 'weights' and the necessary patterns on the floor have arrived, with a set of four players going strong - more requested to join in. An invitation has been extended by Vegreville seniors to join them in a game.

The Annual meeting will be April 17th/84, and an auditor will be engaged to do the books before then. Next Board meeting at the regular date, March 20, 1984.

The meeting ended with a bitter tirade by one member against the executive for handing in a bill for travelling expenses. Other members did not agree, saying it is enough that they work at the meetings without paying expenses out of their own pocket incurred while making arrangements for the group. It was pointed out again that some members do a lot of 'free' work, others very little.

Motion to adjourn was carried at 3:15 p.m.



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2 *Maybe you figure other retailers in your line are going to cut back their advertising, so it's safe for you too. Right? Wrong. You're in competition for the consumer's dollar with every other retailer in town, no matter what he sells. People have only so many dollars to spend, and if they don't spend them on what you sell, they'll spend them on something else.*

3 *Whether business is good or bad, you have to get your share of whatever business is around. Cutting back your advertising puts you at a disadvantage at the very moment when you need an edge. Increasing your advertising gives you that edge.*

4 *Your advertising is part of your sales force. Ads help to presell the customer, and help you close the sale faster. That saves you time and saves you money.*

5 *You say your customers know you and for a while at least they'll keep coming in even if you don't promote? That's partly true, but shortsighted. Remember, one out of every five people moves every year. So there's a steady flow of your customers out of your market and a corresponding influx of new folks who don't know you at all. Particularly with all the oil and gas activity in the area. Tell them about yourself.*

6 *You can't do much about most factors in the marketplace — rent, labour, cost, price of merchandise, what the competition will do. But one thing you do control is your own promotion. Remember that advertising is not just a cost of doing business. It's a proven sales tool that returns many times your investment in store traffic and sales.*

7 *Remember how long it took you to get started? Once you build up a business, you can keep it going with a moderate, consistent advertising program. But if you cut your advertising and lose your hold on the public, you'll find it's much harder to build it up again. It's sort of like starting all over.*

8 *Here's a hard fact to accept. Over any given period, a company that advertises below the industry average has sales that are below the industry average.*

9 *Advertising is "news" about products and services. Most shoppers look for this kind of news in the pages of LAKELAND REVIEW. In plush times, retailers often experiment with other media. But when the going gets tough, they concentrate their efforts in the newspaper because it provides an immediate payoff of the cash register.*

10 *Slow time ahead? No. There are more people working now than ever before. More women working too, adding to family income. People still need and want goods and services and will spend for them. There is plenty of business out there. Your competitors will be bidding for their share and yours.*

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Progress made

OTTAWA -- Plans to establish a national stabilization program for red meat production were further developed at a federal-provincial meeting.

The meeting built on the agreements-in-principle reached at the federal-provincial agriculture ministers meeting in Prince Edward Island in July 1983, and a subsequent meeting in Ottawa in October.

Following the October meeting, the proposals were discussed with producer organizations, and the revised plans were reviewed.

Joining Federal Agricultural Minister Eugene Whelan were Ontario Agriculture Minister Dennis Timbrell, Alberta Agriculture Minister LeRoy Fjordbotten, Quebec Agriculture Minister Jean Garon, and Prince Edward Island Agriculture Minister Prowse Chappell. Ministers of Agriculture for Manitoba, New Brunswick and Saskatchewan were represented by Deputy Ministers. The remaining provinces were represented by senior officials.

Mr. Whelan, chairman of the meeting, said, "Substantial progress has been made in developing a truly national, tripartite program which would improve income stability for participating producers.

"I am also encouraged to see more provinces joining in these discussions, because the second major goal in this effort is to reduce the differences that exist among the current provincial programs."

"I think all participants were very pleased with the progress made. We are close to a final agreement on hogs and lambs. Additional work needs to be done on the three beef programs -- cow-calf, slaughter cattle and backgrounders -- but even there we have come quite a ways, especially on the cow-calf program. The technical committee has been asked to fine-tune some aspects of the program, and Ministers will present the proposals to provincial and national producer groups."

"However, I am confident enough that we will reach an agreement that I am instructing my officials to start the process of drafting the enabling legislation," Mr. Whelan said.

F. G. Miller Report

On Tuesday, March 6th, Dr. Karen Ingalls conducted a workshop at the F.G. Miller High School dealing with Gifted and Talented Children. It was attended by all Elementary and Jr/Sr High school staff of Elk Point, all staff from Heinsburg School, and two representatives from each of the other schools in the County of St. Paul.

Her talk began with a group discussion on a definition of a Gifted Student. Dr. Ingalls dealt with topics such as Characteristics of Gifted Children, Identification of the Gifted and Talented, Methods of Curriculum Delivery, and Evaluation. This seminar attempted to make educators more aware of children at the other end of the learning spectrum.

The Rural Safety Gas Program also took place at the Jr/Sr High School throughout Monday, Tuesday, and Wednesday of last week. Students were made aware of the uses and care of natural gas as well as safety in its use and handling.

Robert McCue, who received his schooling in Sherwood Park near Edmonton, and attended the University of Alberta, is joining the ranks of the F.G. Miller Jr/Sr High School as the new Drama-Language Arts teacher. Robert's hobbies include playing, coaching, and refereeing soccer, singing and writing lyrics, playing tennis, and writing plays. With this enthusiasm and many accomplishments in the field of Drama, he will be a welcome addition to our school.

Letters will be coming out via the high school students asking parents if they are in possession of any items they no longer require, and would be willing to donate to an auction sale to be held later this spring. With spring cleaning just around the corner, we're sure there are some "junk" items that you would gladly care to dispose of...if such is the case, indicate this on the form and return it to the school. Also indicate whether you could bring the item(s) in to the school or would like them to be picked up. A date for pickup/delivery and of the sale itself, will be forthcoming in future issues of this journal.

Profits resulting from this sale will go to the continuation of the extra-curricular programs of the school. We urge your support.

SPEECH CONTEST — FIRST PHASE COMPLETED...

The F.G. Miller High School has completed the first round of speak-offs for the County's Annual Speech Contest. The finalists from this school will go to the County Finals to be held later this month. Winners of the various categories are as follows: Grade 7 - Shaun Sheplawy and Angel Ference; Grade 8 - Dwayne Vogel and Michelle Shymkiw; Grade 9 - Garrett Gregoraschuk and Kathy Mistol; Grade 10 - Lane Lorenson and Connie Ahern; Grade 11 - Eugene Piotrowski and Michelle Strain; Grade 12 - Mike Palamerek and Colleen McAleese.

Announcements

The F.G. Miller Home and School Association is pleased to announce that a representative from A.A.D.A.C. will be in attendance at the next meeting to be held Tuesday, March 13th, 1984 in Room 8 at the F.G. Miller Jr/Sr High School. (Time 7:30 p.m.) The main topic for discussion will be Drug and Alcohol Abuse.

NOVENA

O Holy St. Jude Apostle and Kartyr great in virtue and rich in miracles near kinsman of Jesus Christ faithful intercessor of all those who invoke your special patronage in time of need. To you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked 3 Our Fathers 3 Hail Marys 3 Glorias.

Publication must be promised. St. Jude pray for us all who invoke your aid. This novena has never been known to fail. Say for nine consecutive days.

S.M.

The Town of

ELK POINT

Notices and Information

NOTICE OF PUBLIC TENDER

FOR SALE BY TENDER - Surplus Building Material by the Town of Elk Point:

1 - 14' overhead door with hardware

TENDERS SHALL CLOSE at 1:00 P.M. on March 19, 1984. Delivery to be accepted within 45 days after tender closes.

FOR VIEWING of the above please contact Larry Lecopoy at **724-3677**.

PLEASE SUBMIT sealed tenders to the undersigned in envelopes marked "Tender - Surplus Building Materials."

THE TOWN reserves the right to waive informalities or regret any or all tenders or accept the tender deemed most favorable to the town.

THE HIGHEST or any tender will not necessarily be accepted.

DATED at Elk, Point, Alberta this 7th Day of March, 1984.

L. Patrick Vincent
Municipal Administrator
Town of Elk Point
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Elk Point, Alberta
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The town of
Elk Point
Notices & Information

DEVELOPMENT PERMITS

NOTICE is hereby served that pursuant to the Planning Act, Province of Alberta the following development permits have been approved on February 2, 1984 by the Municipal Planning Commission, subject to the condition that they do not become effective until 15 days after the date of decision:

Permit #15 Paul Musijowski
Lot 13 Blk 21 Plan 2130HW
4913 - 53 Avenue
Roof over deck.

Permit #17 Wolonuk's Fashion & Foods
Lots 1 & 2 Blk 8 Plan 6879ET
5004 - 50 Avenue
Addition to join store to accessory building.

Permit #18 David Buksa
Lot 4 Blk 12 Plan 181HW
4814 - 51 Avenue
Internal & External Renovations

Permit #19 Nick Pelech
Lot 10 Blk 20 Plan 2130HW
4825 - 53 Avenue
Basement Renovations

Any person claiming to be affected may appeal within 14 days from the first publication of this notice in writing to:

Secretary,
Municipal Planning Commission
P.O. Box 448
Elk Point, Alta.

Dated this Day
March 14, 1983

Ralph Riemer,
Development Officer

Tourists spent $660 million

A non-resident visitor survey, conducted by Travel Alberta during the tourist season of 1982, clearly indicates that visitors make a sizeable contribution to the province's economy. "The total expenditure figure exceeded our expectations, even taking into account that 1982 was a relatively flat year for tourism," said Al "Boomer" Adair, minister of Tourism and Small Business, when releasing the study recently.

During the 5-½ month period, May to October, almost 4 million people visited the province. Their direct expenditures totalled in excess of $660 million. Of these expenditures approximately one third went to food and beverages, one quarter to automobile-related costs, one-fifth to lodging, with the remaining one in four dollars directed at recreation. The average expenditure per person was $28 per day.

The most popular regions of Alberta were Calgary, Edmonton and Banff and Jasper National Parks. However, since the last survey there has been a significant increase in the number of visitors to other Alberta locations.

The survey also revealed some interesting trends. For example: plane travel has increased sharply. In 1982 as many as 27% travelled by plane--up from 12% in 1976. Train travel, once significant at 8% in 1966, has tapered off to 1%.

Spring and fall travel accounted for 1,526,000 trips, two-thirds of the 2,383,000 level during the summer period. This was the first year the spring and fall seasons were included. However, Mr. Adair stated that the statistics exceed expectations and indicate how very important they are to Alberta's tourism industry.

No major shifts have occurred in the origin markets since the last survey. Most visitors came from other Canadian provinces (72%) with B.C. as the major contributor (31%). The United States accounted for 23% and international markets 6%.

As for the reasons for visiting Alberta, 42% were on a vacation or pleasure trip, 31% were visiting friends or relatives, 17% were on business and 9% travelled for personal reasons. As many as 53% took the opportunity to visit a friend or relative during their stay. This demonstrates the importance of "connections" to Alberta's tourism industry.

"It is interesting to note," said Adair, "80% of the visitors were "repeaters" who had been to Alberta before."

"We discovered that while there is no question that scenery and beauty are the key attributes of Alberta to our American visitors, many visitors from our neighboring provinces are most impressed by the events and activities we offer."

Travel Alberta has undertaken non-resident visitor surveys at approximately 5-year intervals since 1966. "These studies enable us to measure the volume and value of tourism to Alberta. We obtain detailed information regarding trip and traveller characteristics, examine the Alberta travel experience and monitor trends in travel demand," Adair said.

The results of this survey are expected to be used extensively by the public and private sector involved in the tourism industry. The study was coordinated by the Travel Alberta Research and Analysis Branch.

Contract awarded

EDMONTON -- A $46,850 crushing contract is being awarded to Ferbey Sand and Gravel Ltd. of Vermilion, Transportation Minister Marvin Moore announced recently.

The contract is for the crushing and stockpiling of 20,000 cubic metres of gravel in the Vermilion Pit. The gravel will be used for surfacing on Highway 45 from Highway 41 to west of Dewberry and on Secondary Road 893 from north of Vermilion River to Highway 45 in the Vermilion area.

The contract is scheduled for completion by March 31, 1984.

There were eight bids, the next two lowest being: Nor-Lake Construction Ltd., Calgary - $50,000- and Buck's Construction Ltd., Elk Point - $53,500.

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$1.09

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$2.69

Canned Ham
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385 ml.
69¢

Jelly Powders
Sherriff assorted, 85 g.
3/79¢

Cheeze Whiz
Kraft, 500 g.
$2.89

Cookies
Dares, 900 g.
$3.49

Candies
McCormicks Flare Top Bags
$1.99

STOCK YOUR SHELVES WITH CO-OP SAVINGS

CASE LOTS

Bathroom Tissue, Purex
24/4 roll..... $37.89

Paper Towels, Scott Viva
24/2 roll..... $25.99

Tide, laundry detergent
4/12 l..... $35.95

Margarine, Parkay
12/1.36 kg..... $31.99

Milk, Pacific Evaporated
48/385 ml..... $32.79

Fruit Drinks, Tang
12/1 l..... $8.99

Apple Juice, Sunrype Blue
12/1 l..... $10.39

Tomato Juice, Libby's
12/1.36 l..... $11.88

Standing Rib Roast
Cut from Canada "A" Beef
$2.49 lb. $5.49 kg.

Smoked Pork Shoulder Picnics
Ready to eat shankless
99¢ lb. $2.18 kg.

Ice Cream

Harmonie 4 l.

$3.79 pail

Tide

Powder Detergent 12l.

$8.99 box

Blade Roast

Cut from Canada "A" Beef

$1.19 lb.

$2.62 kg.

Ground Beef

Regular

99¢ lb.

$2.18 kg.

You're in the right place for finer foods at lower prices

CO-OP

ST. PAUL & DISTRICT CO-OP ASS'N LTD.
Elk Point and St. Paul